

# MEN MAKE CHOICES

## Not all men are abusive

How do you measure up?

### Abuse is:

- Calling bad names or putting someone down
- Shouting and cursing
- Hitting, slapping and pushing
- Making threats of all kinds
- Jealousy and suspicion
- Keeping someone away from family and friends
- Throwing things around the house

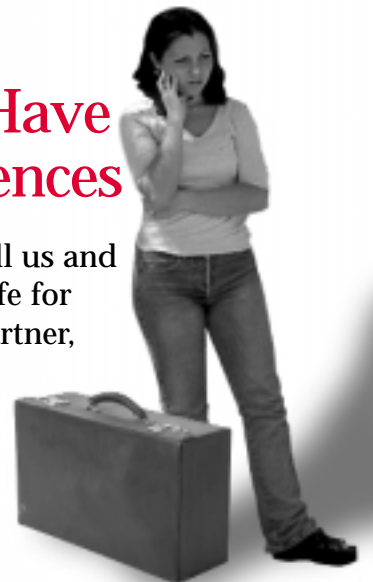
It doesn't have to be this way.  
If you abuse, you can choose to stop.  
Call us.



**Domestic violence is a crime.**

## Choices Have Consequences

We can help. Call us and  
choose a better life for  
yourself, your partner,  
and your family.



**It destroys relationships and families.**



**It passes from generation to generation.**