MEN
MAKE
CHOICES

Not all men are abusive
How do you measure up?

Abuse is:

☐ Calling bad names or putting someone down
☐ Shouting and cursing
☐ Hitting, slapping and pushing
☐ Making threats of all kinds
☐ Jealousy and suspicion
☐ Keeping someone away from family and friends
☐ Throwing things around the house

It doesn’t have to be this way.
If you abuse, you can choose to stop.
Call us.

Choices Have Consequences

We can help. Call us and choose a better life for yourself, your partner, and your family.

Domestic violence is a crime.

It destroys relationships and families.

It passes from generation to generation.

© 2000 Texas Council on Family Violence