Power and Control Wheel for Immigrant Women

**PHYSICAL ABUSE**
- ISOLATION
  - Isolating her from friends, family, or anyone who speaks her language
  - Not allowing her to learn English
- INTIMIDATION
  - Hiding or destroying important papers (i.e., passport, ID cards, health care card, etc.)
  - Destroying her only property from her country of origin
- USING CITIZENSHIP OR RESIDENCY PRIVILEGE
  - Failing to file papers to legalize her immigration status
  - Withdrawing or threatening to withdraw papers filed for her residency
- THREATS
  - Threatening to report her to Immigration to get her deported
  - Threatening to withdraw the petition to legalize her immigration status
- USING CHILDREN
  - Threatening to take her children away from the U.S.
  - Threatening to report her children to Immigration

**EMOTIONAL ABUSE**
- Lying about her immigration status
- Writing her family lies about her
- Calling her racist names

**ECONOMIC ABUSE**
- Threatening to report her if she works "under the table"
- Not letting her get job training or schooling

**SEXUAL ABUSE**
- Calling her a prostitute or "mail order bride"
- Alleging she has a history of prostitution on legal papers

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