

# The Spectrum of Prevention

<p><b>Strengthening Individual Knowledge and Skills</b> Enhancing an individual's capability of preventing injury or crime</p>	<ul style="list-style-type: none"> <li>• Training for teens to support healthy dating</li> <li>• Home visitations by public health nurses</li> </ul>
<p><b>Promoting community education</b> Reaching groups of people with information and resources to promote health and safety</p>	<ul style="list-style-type: none"> <li>• The Family Violence Prevention Fund's <i>Coaching Boys into Men</i> campaign promotes positive examples of male behavior such as respect</li> <li>• The <i>Five in Six Project</i>, based in Cape Town, South Africa, uses a social norming approach to convey to men that five in six men are not violent with their partners, questioning the assumption that "everyone is violent".</li> </ul>
<p><b>Educating providers</b> Informing providers who will transmit skills and knowledge to others.</p>	<ul style="list-style-type: none"> <li>• Training journalists to frame coverage of domestic violence as a preventable problem</li> <li>• <i>Take it to the Village</i>: Prevention training for native and non-native health care practitioners in isolated Alaskan villages.</li> </ul>
<p><b>Fostering coalitions and networks</b> Bringing together groups and individuals for broader goals and greater impact</p>	<ul style="list-style-type: none"> <li>• <i>CDC's Delta Program</i> (Domestic Violence Prevention Enhancement and Leadership Through Alliances) encourages partnerships and collaborations including non-traditional partners, e.g., the faith community, civic and men's organizations, the media and business efforts to address primary prevention.</li> <li>• <i>Transforming Communities' Faith in Violence Free Families</i> project brings together faith leaders and domestic violence agencies to increase the capacity of faith communities to respond to and prevent domestic violence.</li> </ul>
<p><b>Changing organizational practices</b> Adopting regulations and norms to improve health and safety and creating new models</p>	<ul style="list-style-type: none"> <li>• Men's civic and athletic organizations develop positions, programs and resources to support and engage men in ending violence against women.</li> <li>• Businesses develop and enforce strong anti-harassment and anti-violence policies that explicitly address domestic violence.</li> </ul>
<p><b>Influencing policy and legislation</b> Developing strategies to change laws and policies to influence outcomes in health, education and justice</p>	<ul style="list-style-type: none"> <li>• Cambridge, Massachusetts passed a Domestic Violence-Free Zone, representing a citywide commitment to prevent domestic violence and resulting in an embedding of domestic violence prevention language and policy into all areas of city business.</li> <li>• The US Violence Against Women Act raised awareness about the problem of violence against women and brought federal resources to the state and community levels.</li> </ul>